

Granite Palombo-(Amit) M.A., L.C.P.C.

www.granitepalombo.com

Profile

Granite Palombo is a Rabbi, psychotherapist and interdisciplinary artist who uses art to explore issues in clinical, therapeutic settings. She guides and facilitates clients, untrained as artists, to use art to explore self awareness creatively, to undergo powerful transformation, paradigm shift and to learn to rely on their own deep, inner resources.

Professional affiliations

- Licensed Clinical Professional Counselor, 1998 - present
- Member of the ARC Gallery, Chicago, 2000- present. Chair person of installation committee and outreach projects.
- Member at The Rabbinical International association

Education

- Bezalel Academy of Art. Jerusalem Israel 1982
- B.A., Fine Art and Art Teachers Training College, Ramat Hasharon, Israel, 1983-1986
- M.A., Expressive Therapy, Lesley College, Cambridge, Massachusetts, 1992
- Video and performance art, The Art Institute of Chicago, 1992-1993,
- Adler Institute of Professional Psychology, Chicago, 1996-1997.
- The Rabbinical Seminary International, 2015-2016

Professional experience

Private practice and consulting 1997 – present.

Providing private and group therapy, developing and facilitating groups on creative interventions for therapists and teachers of special education.

South West Youth Collaborative working with youth at risk 2010 –2012
Therapist, groups and individuals.

Developing and creating- ‘Recurrent Dream’ Project

Recurrent Dreams is a multi – stage collaboration

Between: the artist and therapist - Granite Amit, and youth struggling with issues of absent parents, incarcerated parents, and semi-homelessness to homelessness; processing their

experiences using street Art. As these youth embraced their identities, histories, and their narratives, they underwent a powerful transformation into young, talented artists.

The first stage of the two-year project, led by Amit, was displayed in an exhibition at ARC gallery, Chicago IL.

The participants created pieces printed on lenticular lenses that were auctioned and sold. The proceeds were split between the participants and the program.

In the second stage, Amit guided and directed the participants and co-created with them a dance theater performance at **Hamlin theater Chicago IL. The Art Institute of Chicago, and the Logan Center at the University of Chicago.**

The performance included break-dancing, popping and locking, footwork, spoken word, recorded and live sound and music, projections of animations, and projections of real-time interactive animation reflecting the movement of the dancers.

Career Advancement Network working with previously incarcerated clients in groups and individual settings.

The House of The Good Shepherd- Therapist for women and children in a domestic violence shelter 2000-2005.

Developed a therapeutic program, Conjunction of Therapy with Art (CTA); a uniquely designed, integrative program of therapeutic interventions and artistic expression with residents of a domestic violence shelter funded by the Polk Foundation; organized a yearly art exhibit of the mothers' and children's work at a professional art gallery:

Love Has a Metallic Taste, ARC Gallery, Chicago, October 2005.

A multi-media exhibit of animated poetry by children and women residents of a domestic violence shelter, documenting the psychological shifts from being a victim into self-advocator and communicator of the phenomena of domestic violence.

Hair-Do, ARC Gallery, Chicago, 2004.

Survivors of domestic violence wove six-foot body-sculptures of their own hair and extension hair, inviting the visitor to enter into metaphorically dialectical space of domination and powerlessness.

The Dog Whose Name Was Donkey and Thought of Himself as a Lion, ARC Gallery, 2003.

Children, residents of a shelter domestic violence shelter, wrote and illustrated poems and stories, documenting the changing dynamics and roles within their family constellation.

Early Recollections, ARC Gallery, Chicago, 2002.

Women Participants in a domestic violence program painted and wrote their early recollections on sheer fabric panels eight feet long. When installed, the translucent images merged, demonstrating the fluidity of inner and outer realities. The project explored the phenomenon of early recollections, which underlie current beliefs, experiences and values and provide a foundation for change.

Foil, ARC Gallery, Chicago, 2001.

Children and mothers in a domestic violence program made body sculptures of foil with metallic paints making the sculptures seem to be made of hard metals. The project provided parenting classes for mothers and a format of quality time for children with their mothers.

Morgan Park Behavioral Health Center, University Hospital, Chicago, 1993-1996.

Therapist- worked with outpatient psychiatric clients for major depression, eating disorders, chemical dependency, bipolar disorder, dual diagnosis and personality disorders. A multi modal approach with art, drama, poetry, and dance was utilized, to increase self awareness and confidence in one's ability to employ creative solutions to life events.

Professional artist exhibiting in numerous solo and group art exhibitions in the United States, Canada and Europe, 1999 – present

For more on Amit's artistic work, please see Art C.V.